



Relationships and Sex Education Policy

October 2023

The aim of Relationships and Sex Education (RSE) in our school is to:

- Provide a framework in which sensitive discussions can take place.
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene.
- Help pupils develop feelings of self-respect, confidence and empathy.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.
- Help children to understand the consequences of their actions and behave responsibly within relationships.
- Help children to be able to recognise unsafe situations, protect themselves and ask others for help and support.

Wolviston Primary School considers that Relationships and Sex Education (SRE) is an integral part of the Personal, Social, Health, Citizenship and Economic (PSCHE) Education Curriculum.

Policy Development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

- Review of all relevant information including national and local guidance - PSCHE Subject Leader as part of MAT Working Party.
- Staff consultation – all staff were given the opportunity to look at the policy and make recommendations.
- Parent consultation – parents and carers were invited to make comments on the policy following distribution to the wider school community.
- Ratification – once amendments were made, the policy will be shared with governors and ratified

Definition of Relationships and Sex Education

RSE at Wolviston Primary School primarily involves learning about relationships, healthy lifestyles, personal safety, diversity and personal identity and development. RSE involves a combination of acquiring information, developing skills, exploring issues and forming positive beliefs, values and attitudes. RSE is not about the promotion of sexual activity.

Curriculum

We have reviewed our curriculum in response to recent guidance and legislation taking into account the age and needs of our pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner so that pupils are fully informed and do not seek answers online. We will use the Medway Primary PSHE Education RSE scheme in school.

In key Stage 1 the lessons are my Special People, Growing up – the human lifecycle and Everybody's Body. In lower Key Stage 2 the lessons are What makes a good friend? Falling out with friends, Time to change and Physical hygiene. In upper Key Stage 2 the lessons are Emotions and Feelings, Puberty, Positive healthy relationships and How babies are made.

Delivery of RSE

RSE is taught within the Personal, Social, Citizenship Health and Economic (PSCHE) curriculum and the biological aspects of RSE are taught within the Science curriculum. It will be delivered by the class teachers. At appropriate points, the older children will receive stand-alone teaching linked to puberty, adolescence and reproduction. Parents will be given prior notice that these lessons will be taking place.

Relationships Education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Confidentiality and Safeguarding

It should be made clear to pupils that all adults in school cannot guarantee absolute confidentiality. If a disclosure is made during an SRE lesson the guidance in the Child Protection within Safeguarding Policy must be followed.

Sex Education in National Curriculum Science

The Science curriculum includes pupils learning about the parts of the body, growth, reproduction, lifecycles and ageing and changes that occur in puberty. All areas of learning will be taught within the context of family life taking care that there is no stigmatisation of children based on their home circumstances. Families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents and foster parents/carers. We will also reflect sensitively that some children may have a different structure of support around them ,eg, looked after children or young carers.

Roles and Responsibilities

The Governing Body

The Governing Body will approve the RSE policy and hold the Head Teacher to account for its implementation.

The Head Teacher

The Head teacher is responsible for ensuring that RSE is taught consistently across the school and for managing requests to withdraw pupils from non-statutory components of RSE.

Staff

Staff are responsible for

- Delivering RSE in a sensitive way and following the curriculum guidance
- Modelling positive attitudes to RSE
- Monitoring progress and responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSE Staff do not have the right to opt out of teaching RSE. Staff who have

concerns about teaching RSE are encouraged to discuss this with the Head Teacher.

Parental right to withdraw

Parents do not have the right to withdraw their children from Relationships Education but they do have the right to withdraw their children from the non-statutory components of Sex Education within RSE. At Wolviston Primary School we will not be teaching anything beyond the statutory guidance. Requests for withdrawal should be put in writing and addressed to the Head Teacher. Alternative work will be given to pupils who are withdrawn for Sex Education lessons. A register of any pupils who are removed will be kept by the Head Teacher.

Monitoring

It is the responsibility of the PSCE Subject Leader to oversee and organise the monitoring and evaluation of PSCE. Ofsted is required to evaluate and report on spiritual, moral, social and cultural development of pupils. This includes evaluating and commenting on the school's SRE policy, support and staff development and CPD